It is hard to believe that we are half way through term 4 and heading into the Christmas season. This time at school is very busy with all students completing final year assessments and teachers reporting on their progress. Absences hinder assessment time so please ensure that students come to school every day and on time.

**Kindergarten to the Zoo**

Last Friday our Kindergarten students had a wonderful day at the zoo. Thank you to all the parents who helped out on the day and our Kindergarten teachers for providing such a valuable and fun learning experience for our students.

**Book Swap Day**

Today many students brought in a gold coin and a book to swap at our recycled book fair. All proceeds will go to an orphanage in Candela in Lima, Peru, and I’d like to thank everyone who contributed to this worthwhile cause. There are some adult fiction books available for purchase by parents tomorrow morning at Café Owl. You may also make a donation at the book stall. Thank you to Mrs Cash and Mrs Poole for all your work in organising the day.

Best wishes to Mrs Cash who will take all the proceeds and resources purchased for the orphanage over to them in week 7 and 8 this term. Stage 3 students have enjoyed learning about the charity work Mrs Cash has been involved in.

**School Tour**

Tomorrow at 10.00am there will be a school tour for new and interested parents. Please pass on these details to neighbours and friends who may have just moved into the area. Our Kindergarten 2016 picnic day is scheduled for Wednesday 18 November at 10.00am at Manly Dam.

**Principal’s Absence (2 weeks)**

Unfortunately I will be absent from school from next Monday 9 November for 2 weeks. I have to have surgery on my foot so Mrs Lori Learmont and Mrs Lynn O’Grady will be relieving as principal during my absence. I will be returning to work on Monday 23 November if everything goes to plan.

**Vietnamese Visit - Tuesday 17 November**

We will have a visit from 24 Vietnamese teachers from various Vietnamese schools on Tuesday 17 November. These teachers will be observing our wonderful teachers from Manly Vale Public School and talking to staff about the differences in the education systems. This will be our second visit from the Vietnamese Education system and we look forward to hosting them on the day.

**School Tapestry—Help!**

We have found the school multicultural tapestry done about 20 years ago. Unfortunately the restoration and cleaning of the tapestry will be very complicated due to the different textures and materials used. If you have any cleaning or dry cleaning expertise and are able to help out with the restoration of this tapestry please contact the school office.

**Car Park**

Please try and avoid parking in the school car park during the day. Lots of parents and visitors to the school are using the car park and teachers are unable to park in there. Teachers often need to take home marking and school work at this time of year and access to their cars is very important. Please try and find alternative parking during school times.

Please also refrain from smoking in the car park. Smoking is not permitted in and around the entrances of schools in NSW due to health reasons.

**School Fees**

Reminder school fees for 2015 are now due. Our end of financial year is 30 November and it would be appreciated if payment could be made prior to this date. Another reminder will be sent out next week. If you are experiencing financial difficulties please contact me for a confidential interview.

Tina Lee
Principal
Stage 2 First Aid Training

St John has been invited to deliver their First Aid in Schools Program to Stage 2 and Stage 3. It is a free program that St John (NSW) is offering, to provide school aged children with first aid skills they can use in the event of an emergency.

First Aid Training recount by Caitlin Isaac 3/4A

Today we were taught about first aid by a volunteer called Maria from St John Ambulance Service Australia. First she taught us about D R S A B. D for danger, R for response, S for send for help, A for airways and B for breathing.

Danger means to check for danger around you such as what caused the person to become hurt. Respond means to ask them what happened or can they hear you. Send for help means to get someone else or call triple zero (000). Airways means check if they have something in their throat or mouth. Breathing means that you have to check if they are breathing by putting your hands on their chest and listening for air to come out their nose and mouth.

After that she taught us the recovery position where you put their arm on the opposite side of their shoulder and their leg up like a triangle. Then you gently push the person on their side. We also learnt about burns such as you have to run the burn under cold water for 20 minutes. Do not put ice on it as it is just going to make it worse because ice is cold and a burn is hot. If you mix the two, the burn will just get worse.

After that we looked at bleeding noses. You must hold the bottom of your nose and tilt your head forward just a bit. It usually takes 10 minutes for it to stop bleeding. Next we talked about bad cuts. You must always use a tea towel or old shirt on the wound and put lots of pressure on the towel. If you have a bandage, wrap up the wound with the tea towel still on it.

I found the information really helpful in case something happened. It was fun practising the recovery position with our friends.

Caitlin Isaac 3/4A

Library News

Congratulations to the 63 children who completed the Premier’s Reading Challenge 2015, you are in good company with more than 270,000 students who successfully completed the challenge with you. Your certificates of achievement will be arriving soon!

This week the children have been talking about the significance of Universal Children’s Day and the UN convention on the Rights of the Child. The books each stage have shared are:

Kindergarten—Whoever You Are by Mem Fox
Yrs 1 & 2—Anna’s Magic Box from the series Children’s Rights by Aleix Cabrera
Yrs 3 & 4—I Have the Right to be a Child by Alain Sernes translated by Sarah Ardizzone.

This has linked up beautifully with the Big Book Swap which has collected a reasonable amount of gold coins to support Mrs Cash’s mission in Peru.

Glynis Poole—Teacher Librarian

TICKS

Please be extra vigilant during tick season. Please be advised that the office staff will not remove ticks but will ring parents. This is standard policy as when a tick is removed children can sometimes have an allergic reaction.

Last DISCO of 2015!

Thursday 12th November
K-2 children: 5.30-7.00pm
3-6 children 7.10-8.40pm
Cost: $12.00/child—including admission, chips & drink
Tickets available week 6
Theme: Christmas Beach Luau
Come and go crazy at the MVPS Disco
Next disco not till 2016 so don’t miss out!

LOTS OF PRIZES!
Supervision will be provided by school staff
No child will be allowed to go home unaccompanied by an adult
**2015 SCHOOL CALENDAR**

<table>
<thead>
<tr>
<th>Term 4</th>
<th>Week 6</th>
<th>Mon 9 Nov—Fri 13 Nov</th>
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<tbody>
<tr>
<td></td>
<td><strong>Swim School</strong></td>
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<td><strong>Yrs 5 &amp; 6 First Aid</strong></td>
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<td></td>
<td><strong>Yrs 3-6 Remembrance Day service @ Manly Dam</strong></td>
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<td><strong>DISCO</strong></td>
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<td><strong>Week 7</strong></td>
<td>Mon 16 Nov</td>
<td>SRC Crazy Hair Day Fundraiser</td>
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<td>Stage 3 Asian Culture morning</td>
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<td><strong>Week 8</strong></td>
<td>Mon 23 Nov</td>
<td>School Leaders to Parliament</td>
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<td>House Xmas Canteen special day</td>
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<td></td>
<td></td>
<td>2016 Leaders speech written</td>
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<td></td>
<td><strong>Tues 24 Nov</strong></td>
<td>Yrs 3-6 2016 Leader’s speeches</td>
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<td><strong>P&amp;C AGM 7.30pm</strong></td>
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<td><strong>Thurs 26 Nov</strong></td>
<td>2016 Junior Band rehearsal</td>
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<td><strong>Fri 27 Nov</strong></td>
<td>School Spectacular matinee</td>
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<td></td>
<td><strong>12.00pm</strong></td>
<td>2016 Leaders announced</td>
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<td><strong>Sat 28 Nov</strong></td>
<td>P&amp;C Xmas Party &amp; book launch, Calabria Club 2.30pm</td>
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<td><strong>Week 9</strong></td>
<td><strong>Wed 2 Dec</strong></td>
<td>Scripture Xmas Service 9.00am &amp; Volunteer’s Thank You morning tea 11.00am</td>
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<td><strong>Fri 4 Dec</strong></td>
<td>Mini Fest</td>
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<td><strong>Week 10</strong></td>
<td><strong>Tues 8 Dec</strong></td>
<td>Stage 3 to Jamberoo Kindergarten graduation</td>
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<td></td>
<td><strong>Thurs 10 Dec</strong></td>
<td>Celebration of Learning K-2 9.30-10.30am Yrs 3-6 11.00am-12.30pm</td>
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<td><strong>Week 11</strong></td>
<td><strong>Mon 14 Dec</strong></td>
<td>Yr 6 Graduation Assembly &amp; dinner</td>
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<td><strong>Tues 15 Dec</strong></td>
<td>Talent Quest</td>
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<td></td>
<td><strong>Wed 16 Dec</strong></td>
<td>Yr 6 Clap Out; Last day of term 4</td>
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**School Terms 2015**

Term 4: Tuesday 6 October to Wednesday 16 December

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**CANTEEN ROSTER TERM 4**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>MON</td>
<td>9 Nov</td>
<td>Penny Beckton</td>
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<td>TUES 1-1.30pm</td>
<td>10 Nov</td>
<td>Heidi Earl</td>
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<td>WED</td>
<td>11 Nov</td>
<td>Louise Stedman</td>
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<td>THURS</td>
<td>12 Nov</td>
<td>Fiona Telfer &amp; Kerrie Coniglio</td>
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<tr>
<td>FRI</td>
<td>13 Nov</td>
<td>Nga Nguyen &amp; Tarni Nankervis</td>
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<tr>
<td>MON</td>
<td>16 Nov</td>
<td>Michelle Livingstone</td>
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<tr>
<td>TUES 1-1.30pm</td>
<td>17 Nov</td>
<td>Katie Harper</td>
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<tr>
<td>WED</td>
<td>18 Nov</td>
<td>Talofa Pouli</td>
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<tr>
<td>THURS</td>
<td>19 Nov</td>
<td>Kirsten Watson &amp; Deb McCarthy</td>
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<tr>
<td>FRI</td>
<td>20 Nov</td>
<td>Andrea Diletti &amp; Susanne Burton</td>
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</tbody>
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Please note: The canteen is only open from 1.00-1.30pm on Tuesdays for snacks. It is really important to find a replacement if you can't do your rostered day! If you can help in the canteen please call Nancy on 0431 935 543 or email: nancylambley@bigpond.com

**Remembrance Day Service**

Next week on Wednesday 11 November years 3-6 students will be walking to Manly Dam for the annual Remembrance Day service. Together we will walk to the dam after an earlier recess. We need to be seated at 10.30am and the service is scheduled to start at 10:45am. Our School Captain, Laila Pincus will be presenting a speech on ‘What Remembrance Day Means To Me’. This is always a very solemn and moving service and parents are welcome to attend the service as well. Mrs Poole has organised a K-2 Remembrance Day Service which will take place at school on the same day.

**Disco**

Make sure you have your Beach Christmas outfits ready for our school disco which is happening next week Thursday 12 November. The theme is ‘Christmas Beach Luau’ and we love seeing your crazy costumes and fabulous dancing.

**Rasmata Crazy Hair Day**

In week 7 on Monday 16 November we are having a ‘Crazy Hair’ SRC fundraiser to raise money for our sponsor child Rasmata who lives in Burkina Faso. Children are asked to bring a gold coin donation on the day and wear their hair in a crazy style.

**Stage 3 Cyber Safety**

This week we had two Senior Constables Ormsby and Jennings speak to the stage 3 students about cyber safety and their need to be sensible when using technology. Please ensure that your children are being safe by not talking to strangers online, by using age-appropriate games and apps and by ensuring high privacy on all social media sites. There is a talk being presented by the Senior Constables on 17 November at Our Lady of Good Council. All parents are welcome and should register through Warringah Council.

Miss Phillips

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**2016 SCHOOL OPAL CARD**

A flyer is attached to the Bush Telegraph regarding the 2016 School Opal Card. Students progressing from Yr 2 to Yr 3 need to reapply. For more information please visit transportnsw.info/school-students
MEGA MONDAYS—make Mondays lunch order day! Full service on Mondays has been so popular that it will now continue for term 4 and beyond. Mega Mondays continue this term with mini pizzas, sausage rolls, meat pies and now sushi available on Mondays as well as their usual days. **Note:** Monday sushi orders can be made on the day but we still need Friday sushi orders by Thursday.

Canteen Committee

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**CANTEEN CORNER**

**RED & GREEN CHRISTMAS SPECIAL LUNCH**

Monday 23 November—$5.00
Our final special day for the year.
Ham & cheese mini pizza with a Christmas biscuit treat & a popper or flavoured milk—$5
Order via Flexischools or bags at the canteen by Friday 20 November.

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**BOOK LAUNCH SPECIAL GUEST**

We are thrilled to announce the award winning Australian author, playwright and local resident Thomas Keneally, will be officially opening our book launch on Saturday 28 November, The Calabria Club, Manly Vale. We would like to thank Thomas Bishops (3/4W) for writing a beautiful letter to Mr Keneally which he said was one of the reasons he could not refuse the invitation.

We look forward in seeing you all there for a wonderful end of year celebration.

Thank you—The Fundraising Team

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**VOLUNTEERS NEEDED FOR BOOK LAUNCH / CHRISTMAS PARTY**

We are still in need of volunteers for this last fundraising event of the year. We need your support so everyone can enjoy the event on the day and so the space is a safe event for everyone attending. An email went out this week via your class parents with the roster attached. If you have problems filling it in call the fundraising coordinator Peta 0402 666 019 and she will put you on the roster.

Thank you—The Fundraising Team

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**ETHICS TRAINING**

If you are interested in the Ethics Programme and would like to find out more or would be interested in training as an ethics instructor in 2016, please contact Inessa Jackson at mvps.ethics@gmail.com

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**Has your K-2 boy or girl enjoyed learning touch rugby at school?**

The Manly Roos Junior Rugby Union Club & NSW Rugby—come and play with other local schools at our own Rugby World Cup free family day!

**Friday 6 November, 4.00-6.30pm, Keirle Park, Manly**

- Rugby World Cup themed VIVA 7’s competition
- Free sausage sizzle
- BYO/canteen facilities
- Qualified, experienced coaches

More information www.roosrugby.com.au
### School Holiday Camps

**Multi-Sport Program**
including tennis, soccer, fun and games
4-13 years of age

**Week 1**
January 11-15

**Week 2**
January 18 - 22

½ day sessions 9-12noon or 12.45-3pm
$28 per day, $112 per week*

Full day 9.30am
$45 per day, $180 per week*

*Bookings essential
T: 0677 1307
E: info@keirleparktenniscentre.com.au

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**NOTES SENT HOME THIS WEEK**

**NOTE**

**SENT TO**

- **School Swimming Scheme**
  - Yr 2

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**Road Safety Tips**

A helmet needs to be worn correctly to help prevent an injury. Check if your child’s helmet is worn correctly—can you place just two fingers between your eye-brows & your helmet? Can you fit just two fingers between the bulked-up helmet strap and your chin? Do the straps join in a ‘V’ below your ears?

**COMMUNITY NOTICES**

- **Australian Red Cross** Mobile Blood Bank Service visiting Warringah Mall Friday 27 November & Saturday 28 November 9.00am-2.50pm. To make an appointment call 13 14 95 or visit donateblood.com.au

- **Narrabeen Sports High School**—Come play our game (AFL, Rugby Union/League, Soccer, Tennis, Dance, Touch Football, Basketball, Netball)—we are offering a FREE afternoon of activities for interested students in yrs 4, 5 & 6 to try an Academy sport, followed by a BBQ afterwards, Thursday 12 November 2015, 3.45-5.00pm, 10 Namona Street, Narrabeen. To secure your space please email ka-reen.dipper1@det.nsw.edu.au

- **Kidsflix Arthritis & Osteoporosis NSW** is hosting a Kidsflix event on Saturday 12 December @ Westfield Warringah Mall cinema. This is a FREE event for children & young people living with a chronic illness or disability & their family. Book online www.kidsflixbrookvale.eventbrite.com.au by 27 November 2015. Enquiries ph: 8423 0949.

- **Lifeline Northern Beaches Giant Book Fair** 20-22 November 2015, Balgowlah Boys Campus, Cnr Sydney Rd & Maretimo St, Balgowlah. Friday 20 Nov 4.00-9.00pm; Saturday 21 Nov 9.00am-5.00pm; Sunday 22 Nov 9.00am-2.00pm. Entry by gold coin donation very much appreciated.