**Bush Telegraph**

**Principal's Report:**
Welcome back to Term 2. I hope you all had a great break away or at home catching up with friends and family.

**Staff Development Day – Dr Michael Carr-Gregg**
Last Monday the 12 schools of the Northern Beaches Learning Alliance (NBLA) met to listen to Dr Michael Carr-Gregg, a leading child and adolescent psychologist. He was inspirational and motivating for all who attended his sessions in Beacon Hill Public School hall. His workshops included positive education for all students and staff welfare.

His messages were refreshing and realistic and everyone came away with a positive energy to do the best by our students. His talk focused on topics: “A Life well Lived”- positive purpose, positive emotions, positive health, positive engagement, positive purpose and positive accomplishments. He made us all reflect on what we do and why. The importance of a smile and a kind word and the need to establish and maintain friendships. We must as teachers and parents teach great communication skills, forgiveness and social intelligence, listen to student’s conversations and provide support and structure to allow them to develop into the people they want to be. Some excellent resources for parents and teachers include:

- **“Action For Happiness” website**
- **“Happy Rambles”- website** (What Went Well and Why – a daily journal to focusing on the positives)
- **The Resilience Doughnut** - Lyn Worsley
- **Reachout.com** (website on self talk)

**Website:** www.reachout.com

**What’s Happening Next Week**

- Monday 5 May  Stage 2 Excursion to Sydney Observatory
- Tuesday 6 May  Cross Country Carnival
- Wednesday 7 May  Project Penguin Training Day @ Taronga Zoo
- Thursday 8 May

- Friday 9 May  Mother’s Day Stall
- Winter PSSA Rd 1

**Smiling Mind app**
Real Gorgeous by Kaz Cooke (book)
Kids helpline - 1800 55 1800

- He talked about the need to let children have a chance to talk and discuss their feelings through qualified counsellors rather than on social chat rooms. The Kids Helpline offers a 24/7, free counselling service for all young people between the ages of 5 to 25 years. The service is strictly confidential and conducted by trained counsellors.

Teachers and parents need to work together to provide the necessary support for the children in our care. Please be vigilant in your supervision of the internet usage of your children. No child under the age of 13 years should have a Facebook account or not be strictly supervised with the way they use chat rooms and the internet. Children under the age of 13 years do not have the cognitive ability to decipher what is the correct way to use social chat rooms and media. Laptops and Ipads should be in public view not used behind closed doors.

We as a school are currently evaluating our student welfare policy and will include many of the lessons learnt from this invaluable experience with Dr Michael Carr-Gregg.

**ANZAC Day service**
On Tuesday of this week the school leaders conducted an ANZAC day memorial service. All the students made and wore poppies. The leaders did a wonderful job in preparing and running the service with the assistance of Oliver Shaw and Mie Goldsworthy who raised and lowered the flag as flag monitors.

**P&C Meeting**
Tuesday night was our first P&C meeting for the term. I went through the 2013 Annual School Report and outlined our targets for development this year. This report can be found on the school website if you missed the meeting. To support the targets in Literacy and Numeracy this year the P&C have approved a $30,000 donation to buy laptops, more home readers for K – 2, an additional 16 Ipads and some English resources for Stage 2 students. With the fundraising events being so successful this year and last, we are able to provide our students with the most current resources for their learning. I thank all parents and community members for their ongoing support of our wonderful school. Next meeting will be Tuesday 20 May @ 7.30pm in the staffroom.

**School fees**
Thank you to everyone who has paid their school fees. Term 2 invoices will come out next week for those who are paying in instalments.

**Opportunity Class Placement (OC) – Year 5 2015**
All students in the current Year 4 classes are able to apply for a place in the OC classes located at Balgowlah Heights Public School, Mona Vale Public School and Neutral Bay Public School. These classes provide a gifted and talented program to extend the more capable students in preparation for high school. Students who are performing above grade level and who require a more extended program should apply and sit the OC placement test on Wednesday 9 July 2014. Application forms are available from www.schools.nsw.edu.au/ocplacement. Paper applications are available from the principal but online applications are the preferred format.

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In week 3 of this term all students in Year 3 & 5 will sit the National Assessment Program in Literacy And Numeracy (NAPLAN). These tests will be given over 3 days and it is compulsory that all students sit these tests, as necessary data and information is gained from these assessments which assist in providing individual resources and programs for our students. The dates for the tests are: Tuesday 13 May, Wednesday 14 May & Thursday 15 May.

Ethics Classes
Yesterday was the first day of our school Ethics classes. Thank you to Inessa Jackson for her organisation of these classes and to our parent volunteers who have been trained in the position as teachers. Unfortunately Shay Gillings who was to be our Stage 3 Ethics teacher has been offered a paid position in Primary Ethics and will not be able to teach Stage 3. We are therefore looking for a replacement for Shay. If you are interested and wish to enquire please contact Inessa Jackson via email mvps.ethics@gmail.com

School Cross Country – Tuesday 6 May
Next Tuesday will be our School Cross Country running carnival. A note went home this week about this event. Students from Year 2 (who are turning 8 this year) – up to students in Year 6 compete in the carnival. Thank you to Mr Dylan for organising this event. Parent assistance on the day is always appreciated.

Mothers Day raffle
The Mother’s Day raffle will be drawn at the morning assembly this Friday 2 May. Good luck to all who have bought a ticket as the prizes look fantastic! Thank you to Leonie Scholtens for her organisation of this raffle.

Bus Service in the morning
We have received confirmation that an additional bus service will run in the mornings to bring our students to school. The bus timetable and route will be sent home separately in the next week for you to view. Monday 19 May will be the first day of the additional service. Thank you to all the parents who wrote letters and phoned up about our concerns. Community action does go a long way into providing necessary change. Please make sure that you plan your child’s school journey and support our additional service.

Pedestrian Safety
There have been a few complaints about the dangerous walking habits of our students and parents as they walk to and from school. Please ensure that you use the footpaths when walking and do not allow children to walk in numbers on the roads. Many parents are concerned with the lack of supervision of walking children and the amount of road space they take up on the journey to and from the school. The road is for cars not children!

Bushcare begins – Monday 5 May
Next Monday the Bushcare group will start their pruning and clearing of our environmental area. If you would like to be a part of the Bushcare group turn up next Monday at 9.30am or contact Ann Collins 0488 245 815.

Tina Lee
Principal

2014 SCHOOL CALENDAR

<table>
<thead>
<tr>
<th>Term 2</th>
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<tbody>
<tr>
<td><strong>Week 4</strong></td>
<td><strong>Tues 20 May</strong></td>
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<tr>
<td></td>
<td>Jnr Band perform @ Manly Vale Community Kindy 2pm</td>
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<td></td>
<td>Sushi Canteen Day</td>
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<td>P&amp;C Meeting 7.30pm</td>
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<td><strong>Week 5</strong></td>
<td><strong>Thurs 22 May</strong></td>
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<td>DISCO</td>
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<td>Project Penguin Habitat Day @ Manly Wharf</td>
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<td><strong>Week 6</strong></td>
<td><strong>Fri 23 May</strong></td>
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<td></td>
<td>Year 2 to Narrabeen Coastal Environment Centre</td>
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<td></td>
<td>Walk Safely to School Day</td>
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<td><strong>Week 7</strong></td>
<td><strong>Tues 28 May</strong></td>
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<td></td>
<td>Project Penguin @ School</td>
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<td><strong>Week 8</strong></td>
<td><strong>Thurs 28 May</strong></td>
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<td></td>
<td>Project Penguin @ School</td>
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<td><strong>Week 9</strong></td>
<td><strong>Wed 21 May</strong></td>
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<td></td>
<td>Zone Cross Country National Simultaneous Storytelling K-2</td>
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<td><strong>Week 10</strong></td>
<td><strong>Thurs 22 May</strong></td>
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<td><strong>Week 11</strong></td>
<td><strong>Fri 23 May</strong></td>
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<tr>
<td><strong>Week 12</strong></td>
<td><strong>Tues 28 May</strong></td>
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<td></td>
<td>Project Penguin @ School</td>
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<tr>
<td><strong>Week 13</strong></td>
<td><strong>Thurs 30 May</strong></td>
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<td></td>
<td>Project Penguin Expo Day @ Taronga Zoo</td>
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<td><strong>Week 14</strong></td>
<td><strong>Tues 24 Jun</strong></td>
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<td>Dance Concert</td>
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<td><strong>Week 15</strong></td>
<td><strong>Fri 27 Jun</strong></td>
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<tr>
<td></td>
<td>Last day of Term 2</td>
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</tbody>
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School Terms 2014
- Term 2: Tuesday 29 April to Friday 27 June
- Term 3: Tuesday 15 July to Friday 19 September
- Term 4: Tuesday 7 October to Wednesday 17 December

TOOTH DEFENDERS

This week all Year 1 & 2 students became ‘Tooth Defenders’! Thanks to Colgate for organising the initiative ‘Bright smiles, Bright futures’ and providing each student in Year 1 & 2 with a free toothbrush and toothpaste. Remember the keys to a bright smile are:

- Brush with fluoride toothpaste twice a day
- Floss daily
- Limit the number of times you eat sweets
- Have regular dental check ups

Lexi McDonald
**Canteen Roster — Term 2**

**Week 2**—Monday 5 May to Friday 9 May
- Mon 5 May: Michelle Bowden
- Tues 6 May: Jo Bryson 0415 093 161
- Wed 7 May: Jodi Moore 0402 486 585
- Thurs 8 May: Lucy Tang 9939 3497
- Fri 9 May: Fiona Telfer 0418 412 220

**Week 3**—Monday 12 May to Friday 16 May
- Mon 12 May: Kate Waddington 0420 823 178
- Tues 13 May: Mel Lovell 0400 686 698
- Wed 14 May: Diana Parnell 0435 587 071
- Thurs 15 May: Hellen Ramos 0415 526 495
- Fri 16 May: Andrea Diletti 0403 730 079

Please note: The canteen is only open from 1.00-1.30pm Monday & Tuesday for snacks. It is really important to find a replacement if you can’t do your rostered day! If you can help in the canteen please call Sarah on 9948 7038 or email light_love@live.com.au

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**Mother’s Day Stall**

Our Mother’s Day Stall is coming up fast. In addition to being a great fundraiser for the school it is a lovely opportunity for the kids to choose a little something for Mum and is a really fun day for them.

Thank you so much to those of you who have already sent in your gift. If you haven’t already done so we would really appreciate it if you are able to please send a small gift (up to the value of $5 or $10) to school with each of your children. The teacher will then tick off their name on the class list (it really helps us to have enough gifts if all parents could send it one per child). Examples of suitable gifts are chocolates, jams, bath products, books, candles, recipe books etc. Could you please have your gifts handed in by Wednesday 7 May.

On the day, all children will have the opportunity to choose a present for the Mum to the value of $5 or $10. Please send this money with your children on the day Friday 9 May.

If you have any questions about this event please contact Lee Meredith or the class parents (KM & KF). We would really like to thank you all for your support of this event. All money raised will go directly to the purchase of new reading resources, additional Ipads and laptops.

Lee Meredith—Fundraising Coordinator

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**Summary of P & C Meeting 29 Apr 2014**

**School Council**

Haven’t met yet. Boundary changes won’t really affect MVPS. Going to develop the school site. Submission to State Treasury due June.

**Canteen**

Will conduct a clean out of the canteen date TBA. Reviews of suppliers has meant some changes. Intend to issue a Canteen Newsletter each term. Canteen Handbook finalised. Flexischools for on-line ordering is increasing. Specials Day for Term 2 - Sushi (20 May), Hot Dogs (17 Jun). Volunteers always welcome.

**Fundraising**

‘Owls Around the World’ raised $2200. Despite the awful weather, the activity was well received. Mother’s Day raffle tickets due Wed 30 Apr. Had a good response so far. Mother’s Day stall (Fri 9 May) - still require gift donations. 14 June - Trivia Night.

**Band**—NTR

**Treasurer**

$37,789 in the bank. $21,000 in term deposit. Committee have donated $30k to the school to purchase equipment as part of the IT Plan.

**Uniform**

Rain jackets should be available next week. Tuesday afternoon will no longer be open; move to open Monday afternoon. Year 6 Hoodies still await arrival.

**Environment**

Need volunteers to help clear. Monday 5 May is first session.

**Cafe Owl**

Banking approx $200 per week

**Owlets**

Vacancies available

**Spending Priorities**

IT resources and home readers

**Other Business**

Problem with rabbits on the back oval. Investigating options for eradication

Nice to see some new faces at the meeting. Everyone always welcome to come along. Copies of full meeting minutes are available for viewing on the school web site.

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**NOTES SENT HOME THIS WEEK**

<table>
<thead>
<tr>
<th>NOTE</th>
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<tbody>
<tr>
<td>Coastal Environment Centre</td>
<td>Year 2</td>
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<tr>
<td>Cross Country Carnival</td>
<td>Years 2-6</td>
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</tbody>
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**SCHOOL FEES**

Thank you to all those families who have paid their fees so promptly. Congratulations to The Isaac Family who won the school fee draw. Term 2 reminders will be sent out next week. If you are experiencing financial difficulty a confidential meeting can be arranged with Mrs Lee.
**Kids Tennis After School & Sat**

www.keirleparktenniscentre.com.au

Kids 4-9 years of age Mon, Tues, Wed, Thurs at 4pm AND Sat 8am, 9am & 10am 5-7 per group $155 for the term

Teenage class Mon 5.00pm 5-7 per group $165 for the term

**BOOKINGS ARE ESSENTIAL** – for good class sizes we need to know how many children will be attending. Payment due upon booking or email keirleparktenniscentre@hotmail.com.

Interested in lessons for adults? Call for a timetable.

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**Request for Assistance**

Wanted Families to host a Japanese student 2-14 August 2014 Students are aged 16-17 years & speak some English. What you need to provide: a comfy bed (sharing a room is fine), 3 meals a day & daily transport to/from Stella Maris College in Manly. Families are paid $50 per night for hosting. Students attend school on weekdays & enjoy family life with you on the weekend. For further info or any questions ph: 9889 4366 or 0408 468 538 or visit www.vsoceania.com.

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**LIFELINE BOOK FAIR**

Balgowlah Boys Campus, Sydney Rd & Maretimo St, Balgowlah—Friday 2 May 4.00-9.00pm, Saturday 3 May 9.00am-5.00pm, Sunday 3 May 9.00am-2.00pm. Entry by gold coin donation very much appreciated. Visa, MasterCard & EFTPOS accepted.

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**Go4Fun**

a FREE 10 week program for kids aged 7 to 13 years & their families to become fitter, eat healthier & improve their self-esteem—Tues to Thurs 4.00-6.00pm, Pittwater Sports Centre, 1525 Pittwater Rd, North Narrabeen. Places still available for Term 2, Freecall 1800 780 900 or go4fun.com.au

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**OWLETS**

Owlets meet on Tuesdays from 9.15-11.00am in the school hall. Feel free to join in! For further information contact Kyrralyn 0422 404 273.

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**PSSA SPORT**

Please check the School’s Website for cancellations of PSSA Sport due to the weather www.manlyvale-p.schools.nsw.edu.au

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**Academy of Acrobatics and Gymnastics**

is ENROLLING NOW

**CLASSES FOR EVERY AGE GROUP**

* Kindergarten 18 months - 5 yrs
* Recreational Class 5+
* Acrobatics Class 5+
* Gymnastics Class 5+
* Tumbling Class 5+
* Adult Class

5/106 Old Pittwater Rd, Brookvale
Ph 02 9930 2017 Mob 0401 463 830
www.aagi.com.au

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Allambie Netball Club would like to invite 7 year olds to attend our NetSetGo junior netball program starting Friday 2 May from 3.45-5.00pm at Manly Vale Public School. Please visit our website www.allambiec.nsw.netball.com.au for info & rego form. More info Natalie 0438 699 140.

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**Scholastic Book Club**

Any enquiries regarding orders please email Kylie Freeman on pkfreeman@iinet.net.au

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**PSSA SPORT**

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**Holiday Camps**

Tennis Camps
Jan, April, July,
Oct
Daily and week-
ly rates. Full and half day options. All standards from 4 to 13 yrs of age.

Ph 9977 1307
Bookings essential
Owners: Wendy Camelotti and Howard Smith

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